



2024/25 ILCA METROPOLITAN CHAMPIONSHIPS

30th November and 1st Dec 2024

SAILING INSTRUCTIONS (SI)

for
ILCA7, ILCA6 and ILCA4 Divisions

Open to

Youth, Open and Masters Sailors

ORGANISING AUTHORITY

Royal Queensland Yacht Squadron



On behalf of
ILCA Queensland (QILCA)

The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

The notation [DP] in a rule of the sailing instructions (SIs) means that a protest committee can award a penalty less than disqualification (including no penalty) at their discretion. This changes Rule 64.2

1. RULES

- 1.1. The event is governed by the rules as defined in The Racing Rules of Sailing.
- 1.2. RRS Appendix T – Arbitration will apply.
- 1.3. The rules and by-laws of the International Laser Class Association (ILCA) apply.

2. CHANGES TO SAILING INSTRUCTIONS

- 2.1. Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

3. COMMUNICATIONS WITH COMPETITORS

- 3.1. The online official notice board is located at <https://www.rqys.com.au/qilca-metropolitan-championships-2024/>
- 3.2. [DP] While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4. CODE OF CONDUCT

- 4.1. [DP] Competitors and support persons shall comply with reasonable requests from race officials.
- 4.2. [DP] Competitors and support persons shall handle any equipment or place advertising provided by the organizing authority with care, seamanship, in accordance with any instructions for its use and without interfering with its functionality.

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed at the official flagpole located at the top of the Eastern Gangway of the Bill Kirby Docks.
- 5.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in Race Signals AP.

6. SCHEDULE OF RACES

- 6.1.

DATE	ACTIVITY	TIME
Saturday 30 November 2024	Competitor Briefing	1200 hrs
	Race 1	First Warning not before 1330 hrs
	Race 2	Following Race 1
Sunday 1 December 2024	Race 3, 4 and 5	First Warning 1100 hrs Races back to back
	Presentation and Sausage Sizzle	ASAP after Sailing

- 6.2. On the last scheduled day of racing no warning signal will be made after 1500hrs.

7. CLASS FLAGS

- 7.1. The class flags are:
 - 7.1.1. ILCA 4 Yellow flag with Red Class Insignia.
 - 7.1.2. ILCA 6 Green flag with Red Class Insignia.
 - 7.1.3. ILCA 7 White flag with Red Class Insignia.

8. RACING AREA

- 8.1 SI Attachment A shows the location of the racing area.

9. COURSES

- 9.1. The courses to be sailed are shown in SI Attachment B, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
 - 9.1.1. Racing on Saturday (30/11/2024) will be combined with RQYS OTB Club Racing.

- 9.2. No later than the warning signal, the race committee signal vessel will display the course to be sailed and the approximate compass bearing of the first leg.

10. MARKS

- 10.1. Marks are as described in SI Attachment B.

11. THE START

- 11.1. The starting line is between a staff displaying an orange flag on the signal vessel at the starboard end and the course side of the port-end starting mark.

- 11.2. Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

- 11.3. A boat that does not start within four (4) minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

12. THE FINISH

- 12.1. The finishing line is between a staff displaying a blue flag on the finishing boat at the starboard end and the course side of the port end finishing mark.

- 12.2. For the trapezoid course, if the finishing boat downwind of the start vessel is not used, the finishing line will be between a staff displaying a blue flag on the start vessel at the port-end and the course side of the starboard-end finishing mark.

13. CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1. When Sailing Courses I2a, L3a, O1, O2, O3, the race committee will move the original mark or the finishing line to a new position. All other courses to change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

14. TIME LIMITS AND TARGET TIMES

14.1. The Mark 1 Time Limit, Race Time Limit (see RRS 35), and the Finishing Window are shown in the table below.

Division	Race Target Time	Race Time Limit	Finishing Window
ILCA 4	40 minutes	60 minutes	15 minutes
ILCA 6	40 minutes	60 minutes	15 minutes
ILCA 7	40 minutes	60 minutes	15 minutes

14.2. The Finishing Window is the time for boats to finish after the first boat in that division sails the course and finishes. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one more than the points scored by the last boat that finished within the Finishing Window. This changes RRS 35, A5.1, A5.2 and A10.

14.3. Failure to meet the Target Time will not be grounds for redress. This changes RRS 62.1(a).

15. HEARING REQUESTS

15.1. For each class, the protest time limit is 60 minutes after the last boat in that class finishes the last race of the day or the race committee signals no more racing today, whichever is later. The time will be posted on the official notice board.

15.2. Hearing request forms are available from the race office or online at <https://www.rqys.com.au/documents-auditing/> .

15.3. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held at a time and place advised on the hearing notice.

16. SCORING

16.1. Five races are scheduled for this series.

16.2. Two (2) races are required to be completed to constitute a series

16.2.1. When fewer than four (4) races have been completed, a boat's series score will be the total of her race scores

16.2.2. When four (4) or five (5) races have been completed, a boat's series score will be the total of her race scores excluding her worst score

17. SAFETY REGULATIONS

- 17.1. A boat that retires from a race shall notify the race committee at the first reasonable opportunity.
- 17.2. All skippers shall SIGN ON before racing each day and SIGN OFF at the earliest possible time after the completion of racing (but not later than the end of protest time). The sign on will be available near the Sailing Office & Rigging Lawn 2.
- 17.3. All Maritime Queensland Aquatic Event conditions must be followed including:
 - 17.3.1. All Participating ships are not to impede power driven vessels traversing Manly Boat Harbour and associated channels.
 - 17.3.2. All Participating ships are to obey the gazetted speed limit in Manly Boat Harbour (6 knots).
- 17.4. No Spinnakers are to be flown in the Manly Harbour 6-knot area.
- 17.5. No sailing vessel shall berth on or impede traffic to/from the RQYS fuel dock with out permission from the RQYS Sailing or Marina Office.
- 17.6. [SP] Failure to SIGN ON shall result in that boat being penalised three (3) points for the first race of the session (but not worse than DNF). Failure to SIGN OFF shall result in that boat being penalised three (3) points for the last race of the session (but not worse than DNF). Penalties will be applied without a hearing.

18. REPLACEMENT OF CREW OR EQUIPMENT

- 18.1. All competitors shall use only one hull, sail, mast and boom, centreboard and rudder during the regatta. If damage is sustained within racing, a competitor may fill out and lodge a Substitution of Equipment Form to receive approval by the Race Committee to change equipment.

19. EQUIPMENT AND MEASUREMENT CHECKS

- 19.1. A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.
- 19.2. [DP] When instructed by a race official on the water, a boat shall proceed to a designated area for inspection.

20. OFFICIAL VESSELS

- 20.1. Official vessels will be identified by display of a white flag with black letters 'RC' or red 'MEDIA'.

21. [DP] SUPPORT TEAMS

- 21.1. Team leaders, coaches and other support persons shall stay outside areas where boats are racing from the time of the preparatory signal for the first start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

22. TRASH DISPOSAL

- 22.1. Trash may be placed aboard official or support person vessels.

23. [DP][NP] BERTHING

- 23.1. Restrictions may be placed on where vessels may be stored or rigged by the RQYS Sailing or Marina office.
- 23.2. Boats may only be stored on the RQYS rigging lawn for the duration of the regatta & 24hrs before/after the regatta, unless otherwise approved by the OA.
 - 23.2.1. Competitors arriving more than a week prior to the commencement of the regatta should contact RQYS Marina to make appropriate arrangements for access and storage. Boats can be stored on the Main Rigging Lawn, for the duration of the regatta. RQYS Marina: marinaadmin@rqys.com.au | +61 7 3393 3554

- 23.3. No tie down restraints may penetrate the ground deeper than 300mm due to lawn irrigation systems.

24. PRIZES

- 24.1. Perpetual Trophies and other prizes will be awarded in accordance with ILCA rules.

25. RISK STATEMENT

- 25.1. RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**
- 25.2. All participants are required to comply with any safety provisions as mandated under the Racing Rules of Sailing, the Australian Sailing Special Regulations Part 2 for Off The Beach Boats, and any Class Rules that may apply. The Squadron encourages and supports competitors who believe it is appropriate to exceed the above requirements (such as the wearing of helmets, body armour, impact vests, etc.) if they or their guardian believe that conditions and their personal circumstances warrant. All competitor's attention is drawn to the Risk Statement - Section 26 of the Sailing Instructions.

26. INSURANCE

- 26.1. Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$10,000,000AUD per incident or the equivalent.

27. FURTHER INFORMATION

- 27.1. For further information please contact:

Queensland ILCA Association (QILCA)

Michael Wilson wilsomichael58@gmail.com or 0417758859

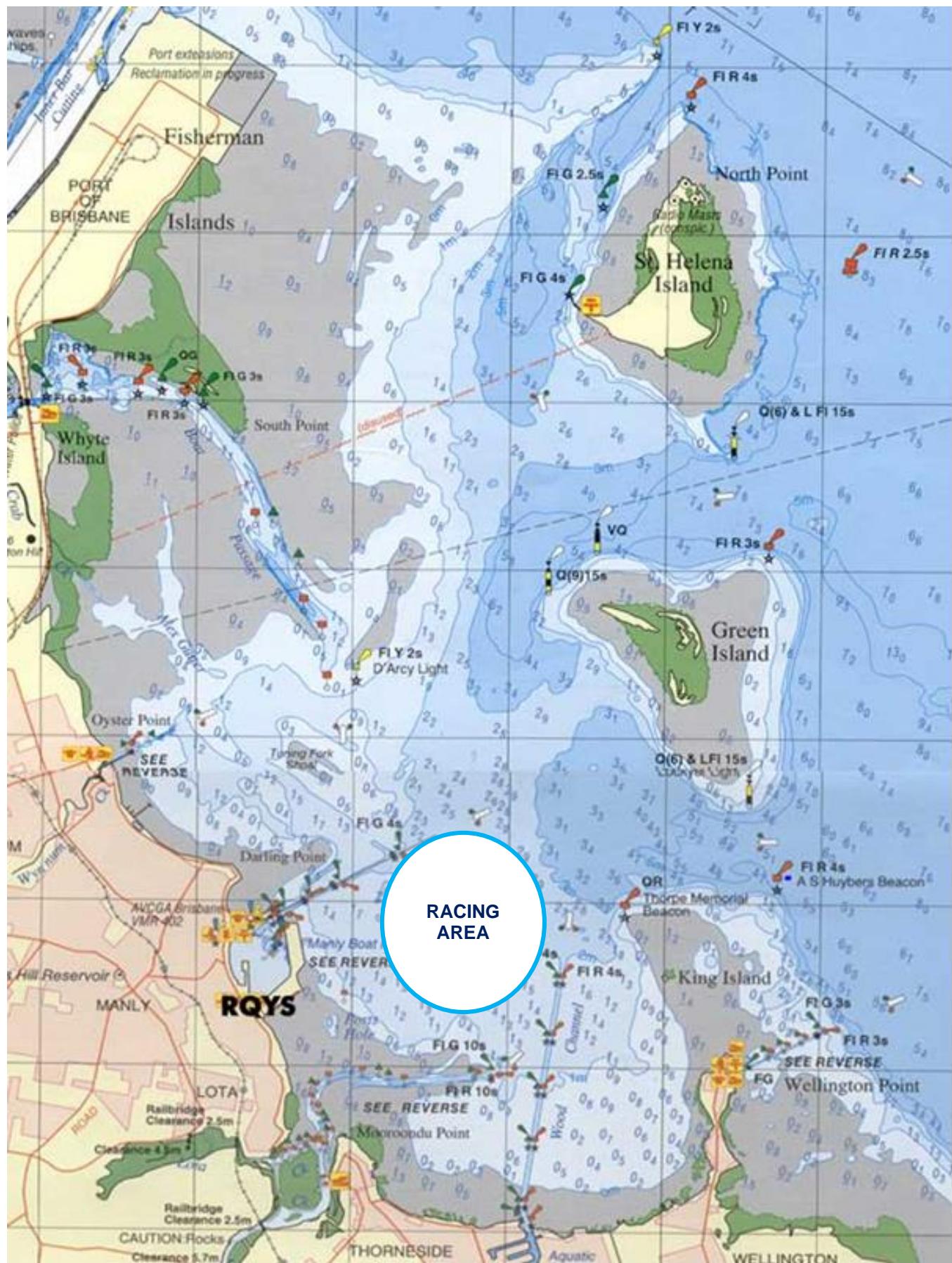
Royal Queensland Yacht Squadron (RQYS)

Sailing Office: sailing@rqys.com.au / 07 3396 8666

578 Royal Esplanade MANLY QLD 4179 AUS

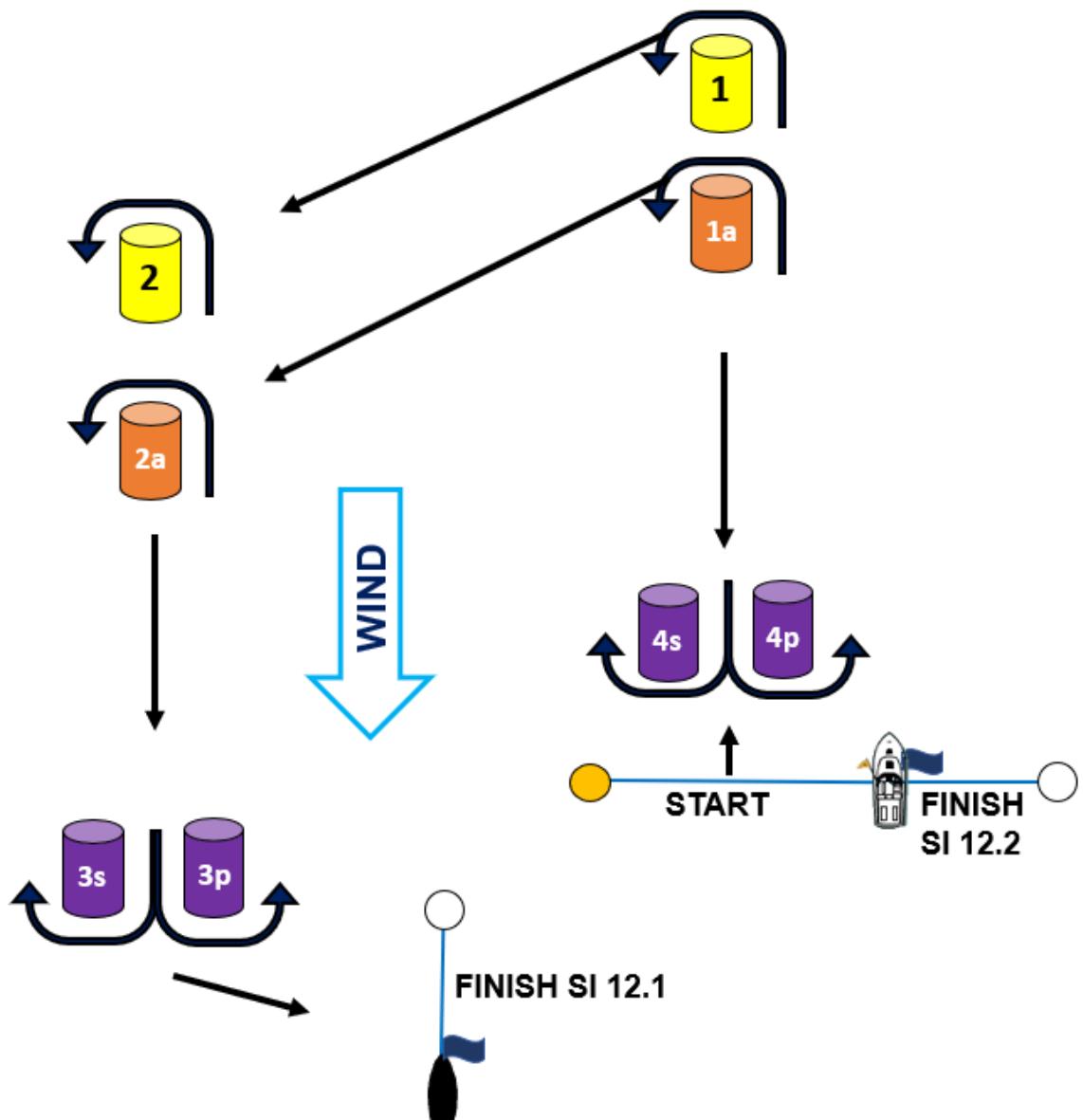
www.rqys.com.au

SI ATTACHMENT A

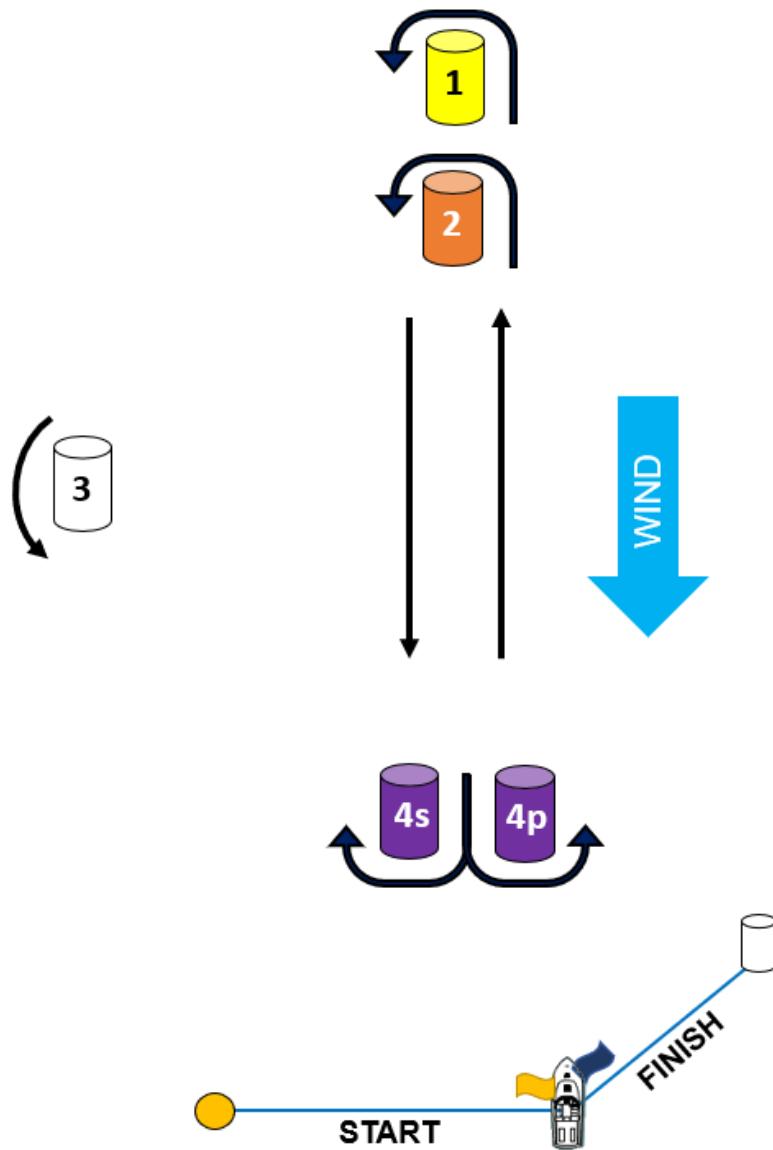


SI ATTACHMENT B

CODE	COURSE	MARKS DESCRIPTION
I2	Start – 1 – 4s/4p – 1 – 2 – 3p – Finish	Marks 1, 2: Yellow Inflatables
I3	Start – 1 – 4s/4p – 1 – 4s/4p – 1 – 2 – 3p – Finish	Marks 1a & 2a: Orange Inflatables
I2a	Start – 1a – 4s/4p – 1a – 2a – 3p – Finish	3s/3p & 4s/4p: Purple Inflatables
I3a	Start – 1a – 4s/4p – 1a – 4s/4p – 1a – 2a – 3p – Finish	Start pin: Orange Teardrops
O1	Start – 1 – 2 – 3p – Finish	Finish pin: White Inflatable
O2	Start – 1 – 2 – 3s/3p – 2 – 3p – Finish	Change Mark: White Inflatable
O3	Start – 1 – 2 – 3s/3p – 2 – 3s/3p – 2 – 3p – Finish	
O1a	Start – 1a – 2a – 3p – Finish	
O2a	Start – 1a – 2a – 3s/3p – 2a – 3p – Finish	
O3a	Start – 1a – 2a – 3s/3p – 2a – 3s/3p – 2a – 3p – Finish	



CODE	COURSE	MARKS DESCRIPTION
LA1	Start – 1 – 4p – Finish	Marks 1: Yellow Inflatable
LA2	Start – 1 – 4s/4p – 1 – 4p – Finish	Mark 2: Orange Inflatables
LA3	Start – 1 – 4s/4p – 1 – 4s/4p – 1 – 4p – Finish	Mark 4s/4p: Purple Inflatable
L1	Start – 2 – 4p – Finish	Start Pin: Orange Teardrop
L2	Start – 2 – 4s/4p – 2 – 4p – Finish	Mark 3 & Finish Pin: White Inflatable
L3	Start – 2 – 4s/4p – 2 – 4s/4p – 2 – 4p – Finish	Change Mark: Mark 1: White Inflatable Mark 2: Purple Inflatable
T1	Start – 1 – 3 – 4p – Finish	
T2	Start – 1 – 3 – 4s/4p – 1 – 4p – Finish	



SI ATTACHMENT C – LOCATION INFORMATION

EMERGENCY CONTACTS

Emergencies	000	
RQYS Sailing Manager	0424 101 732	
Royal Queensland Yacht Squadron	(07) 3396 8666	578 Royal Esplanade, Manly QLD
Manly Coast Guard	(07) 3396 5911	40 Trafalgar St, Manly QLD
Wynnum Police	(07) 3308 8100	82 Pine St, Wynnum QLD
Wynnum Fire & Rescue	(07) 3396 3297	2006 Wynnum Rd, Wynnum West
Brisbane Water Police	(07) 3895 0333	2 Howard Smith Dr, Port of Brisbane

Location, access & communication of Next of Kin Details

Sailing Office & SailSys Databases including information gathered from regatta registrations and/or indemnity forms.

Location of Nearest Emergency Medical Facilities

Redlands Hospital	(07) 3488 3111	21 Weippin St, Cleveland QLD
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Location of Nearest Medical Facilities

Wynnum Family Health Service	(07) 3893 0093	116 Edith St, Wynnum QLD
Doctors on Manly Road	(07) 3348 6111	12 Manly Rd, Manly QLD
Silky Oaks Medical Practice	(07) 3396 9855	218 Manly Rd, Manly QLD
Dental On Cambridge	(07) 3348 6661	4/99 Cambridge Parade, Manly QLD

LOCAL SERVICES

Sail Maker

North Sails

1/264 Tingal Rd, Wynnum QLD
(07) 3396 5822

Hood Sails

181 Wynnum Esplanade, Wynnum QLD
(07) 0419 799 958

Ullman Sails

112 Glenora St, Wynnum QLD
(07) 3348 7245

Chandlery

Muir Marine

453 Esplanade, Manly QLD
(07) 3396 9988

Road Tech Marine

20 Redland Bay Rd, Capalaba QLD
(07) 3914 9543

Boat Building / Repairs – Located at RQYS

JSA Marine

(07) 3348 5682

David Glenn Boat Building

0412 878 144

Physio

Manly Physiotherapy & Pilates

3/443 Esplanade, Manly QLD
(07) 3396 8137

Bounce Physio Birkdale

190 Birkdale Rd, Birkdale QLD
(07) 3822 2122

Pharmacy

Manly Village Pharmacy

9/222 Stratton Terrace, Manly QLD
(07) 3396 8999

Groceries

IGA Manly Village
Cnr Stratton Tce & Cambridge Parade
(07) 3396 1980

Woolworths Wynnum Central
145 Florence St, Wynnum QLD
(07) 3513 4416

Butcher

The Local Butcher
222 Stratton Terrace, Manly QLD
(07) 3396 2195

Bakery

Manly Bakery
222 Stratton Terrace, Manly QLD
(07) 3396 5688

Accommodation

Manly Marine Cover Motel

Located on the Grounds of RQYS
(07) 3348 1000

Limited Camping Facilities at RQYS

Limited camping MAY be available
(07) 3396 8666

The Manly Hotel

54 Cambridge Parade, Manly QLD
(07) 3249 5999

Waterloo Bay Hotel

75 Berrima St, Wynnum QLD
(07) 3893 2344

Pelican's Nestle Inn

149 Wynnum Esplanade, Wynnum QLD
(07) 3396 3214

Wynnum Anchor Motel

14 Adam St, Wynnum QLD
(07) 3396 3037

LOCAL WEATHER TIDE

Local Weather: The RQYS Weather Station can be found at: <https://www.rqys.com.au/weather-station/>
The Weather Station records from above the club Bay Lookout.

BOM: Radar: <http://www.bom.gov.au/products/IDR663.loop.shtml>

Marine Forecast:

<http://www.bom.gov.au/qld/forecasts/moreton-bay.shtml>

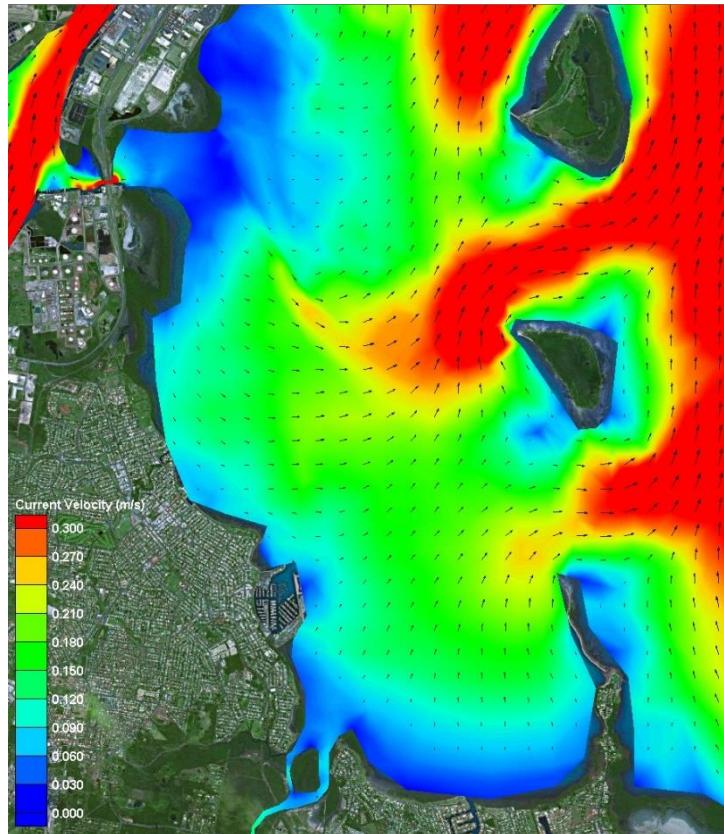
Other Popular forecasts:

Predict Wind: <https://forecast.predictwind.com/table/>

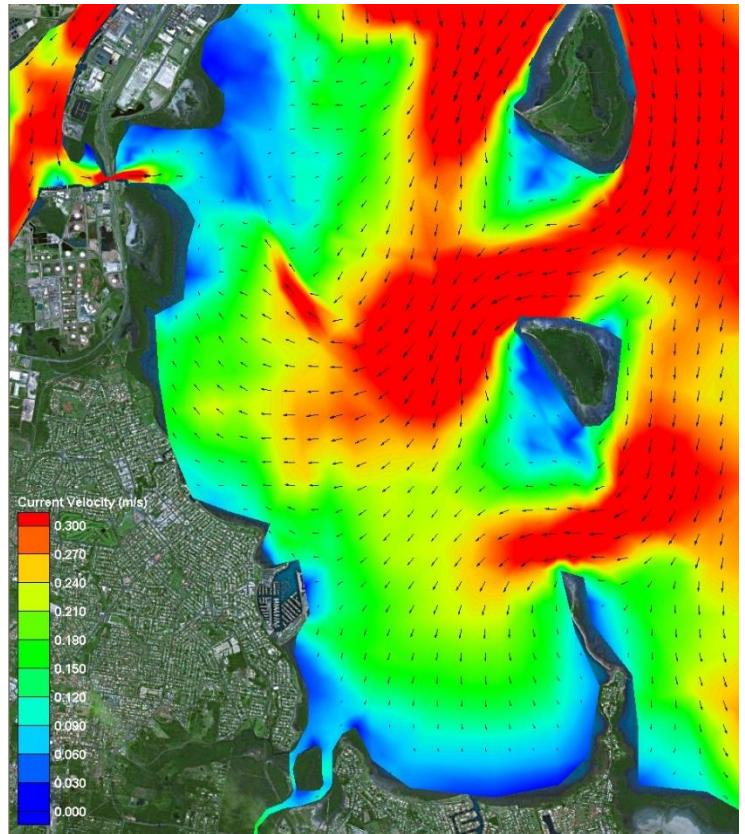
Seabreeze: <https://www.seabreeze.com.au/weather/wind-forecast/brisbane>

WillyWeather: <https://wind.willyweather.com.au/qld/brisbane/brisbane.html>

Waterloo Bay Ebb



Waterloo Bay Flood



ROYAL QUEENSLAND YACHT SQUADRON – THE SAILING GATEWAY TO MORETON BAY

