

COVID Update 2020 QLD Yachting Championships

Important Update Re COVID

Hi Skippers, Owners, Crew,

The Squadron is looking forward to hosting this weekend's event in a COVID compliant environment. As you will have seen in the media there are still cases of community exposure/transmission of COVID in numerous areas of Brisbane.

The below advice has been received from Queensland Health and the Department of Sport and Recreation.

In summary:

If you or your crew have been in a designated hotspot (see link below) in the last 14 days, you must not attend any RQYS events as either a competitor or as a spectator.

If you have attended any of the venues specified, within the specified times, in the "Contact Tracing" link below, you must not attend any RQYS events as either a competitor or as a spectator.

The Contact Tracing page is updated as necessary and you should check it regularly.

Regards,
Race Committee
Royal Queensland Yacht Squadron

Copy of latest health advice for sporting activity:

Approved Industry Plans restrict access to anyone who has:

- COVID-19 or has been in direct contact with a known case of Covid-19 within the last 14 days
- Flu-like symptoms or who is a high health risk (e.g. due to age or pre-existing conditions)
- Travelled internationally
- Travelled to a Covid declared hotspot.

With recently reported positive COVID-19 cases confirmed in Brisbane, please note the advice below and ensure you and your crew are aware of these developments.

1. *Individuals who have been in close contact with a confirmed positive COVID case will be issued with quarantine directions by the Queensland Health Public Health Unit which will require them to isolate for 14 days.*
2. *The Queensland Health Public Health Unit may be requesting contact tracing information from organisations today which must be provided within 1 hour of the request.*
3. *If you or a family member are exhibiting any signs or symptoms of being unwell, please contact your GP or your local Queensland Health Fever and Respiratory Clinic.*

In line with the above, any person who has visited affected locations identified by Queensland Health should not attend organised sport, active recreation or fitness activities until further information on the situation comes to hand. These locations can be found here via the contact tracing alerts page. You can also stay up to date with all COVID-19 Queensland Health alerts here.

<https://www.qld.gov.au/health/conditions/health-alerts/coronavirus-covid-19/current-status/contact-tracing>

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COVID Safe Sailing in the 2020 2020 QLD Yachting Championships

Information for Competitors

Competitive offshore sailing is permitted under Phase 3 of the QLD Government approved *Aquatic Sport Sector INDUSTRY COVID SAFE PLAN*.

COVID-19 remains a risk and Organising Authorities, Owners, Skippers, and Crew are obliged to work together to prevent the transmission of the virus, by observing and practicing avoidance measures developed by the: QLD Government, World Sailing, and Australian Sailing.

Practical Guidance

Pre event

- It is strongly recommended that all sailors download the Australian Government COVID -19 contact tracing app (COVIDSafe) and keep it active at all times.
- Consider the health and age of the crew.
- Owners are to develop an onboard COVID safe plan that includes:
 - Consider stocks of alcohol-based hand wipes, hand sanitizer to assist with personal hygiene.
 - Consider using disposable plastic drinking cups and eating implements.

Event Registration

To comply with Government tracing requirements, and general crew safety all competing boats are required to:

- register all their crew details with RQYS as required by Sailing Instructions.

Pre-Race Ashore

- Minimise contact with other crews before the start.
- Observe social distancing on docks and at marinas.

Afloat

- Avoid person to person contact through no unnecessary body contact (e.g. handshaking, high fives).
- No sharing of drink bottles, clothing, food, and towels, etc.
- Avoid sharing of equipment – gloves, etc.
- Clean galley and food handling surfaces.
- Have hand sanitizer and alcohol wipes readily available.
- Monitor crew for symptoms of **fever, cough, or difficulty breathing during the event.**

Post-Race Ashore

- Complete COVID sign in and out on arrival and departure from the clubhouse.
- Minimise contact with other crews.
- Observe social distancing.
- Practice personal hygiene.

Remember – Everyone participates at their own risk