

COVID Safe Sailing in the 2020 B2K Yacht Race

as at 25 July 2020

Information for Competitors

Competitive offshore sailing is permitted under Phase 3 of the QLD Government approved *Aquatic Sport Sector INDUSTRY COVID SAFE PLAN*.

COVID-19 remains a risk and Organising Authorities, Owners, Skippers, and Crew are obliged to work together to prevent the transmission of the virus, by observing and practicing avoidance measures developed by the: QLD Government, World Sailing, and Australian Sailing.

Practical Guidance

Pre event

- It is strongly recommended that all sailors download the Australian Government COVID -19 contact tracing app (COVIDSafe) and keep it active at all times.
- Consider the health and age of crew.
- Owners are to develop an on board COVID safe plan that includes:
 - Identify a First Aider in the crew to have specific responsibility for COVID monitoring and care.
 - Crew awareness of COVID symptoms (fever, cough, shortness of breath) and their responsibility to report the symptoms if effected.
 - Carry stocks of Personal Protective Equipment (PPE) (face masks and latex gloves) for use by crew and First Aiders.
 - Consider stocks of alcohol-based hand wipes, hand sanitizer to assist with personal hygiene.
 - Consider using of disposable plastic drinking cups and eating implements.

Event Registration

To comply with Government tracing requirements, and general crew safety all competing boats are required to:

- register all their crew details with RQYS in accordance with NOR event entry requirements.
- By no later than the compulsory race briefing boats will confirm by email to the event Race Office any changes to crew details.

Pre-Race Ashore

- Only send two crew to the compulsory race briefing.
- Minimise contact with other crews before the start.
- Observe social distancing on docks and at marinas.

Afloat

- Avoid person to person contact through no unnecessary body contact (e.g. hand shaking, high fives).
- No sharing of drink bottles, clothing, food and towels etc.
- Avoid sharing of equipment – gloves etc.
- Clean galley and food handling surfaces.
- Have hand sanitizer and alcohol wipes readily available.
- Monitor crew for symptoms of **fever, cough or difficulty breathing during the event.**
- If a crew member reports COVID symptoms provide immediate First Aid and retire from the race.
- Call 000/112 for medical advice/assistance, and head for the port directed by health authorities.
- Report the incident to the Race Office.
- Use PPE when aiding COVID symptomatic crew (mask and gloves).
- Critical activities in the event of a suspected COVID case must include symptom control with anti-pyretic medicines (ibuprofen/aspirin), and appropriate hydration.
- In the confined space of the boat, a person should be in the best possible way isolated below the deck and attended only by designated persons equipped with PPE.
- Suspect case must wear a surgical mask.
- Comprehensive yacht hygiene measures should be applied. If possible, (depending on the type of the race, boat, number of crew, possibility of evacuation) other members of the crew should avoid spending time below-deck without PPE.

Post-Race Ashore

Skippers will be contacted direct by Keppel Bay Marina (KBM) to obtain QLD Government required COVID data for those crew remaining at KBM. All competitors are required to register their contact details when entering the restaurant and event area. Patrons must be seated at all times while in the restaurant and event bar area in accordance with revised QLD Government COVID directions.

- Minimise contact with other crews.
- Observe social distancing.
- Practice personal hygiene.

Remember – Everyone participates at their own risk